



MENORAH

MISSION SCHOOL

BIBLE • HEALTH • AGRICULTURE

STUDENT HANDBOOK
2025 - 2026

We are glad you have an interest in Menorah Mission School's missionary training program. We hope you will find this handbook informative and helpful.

If you have any further questions after going through this handbook, please don't hesitate to email us at info@menorahmissionschool.org.

Admission Process

Menorah Mission School admits students who:

- have a commitment to the Lord Jesus Christ and His Word,
- are at least 18 years old by the starting date of the program, and
- are citizens of the Schengen area and/or of the European Union (for more details, see the *Non-EU Applicants* section).

Menorah Mission School will only consider and review completed applications received no later than August 24th 2025. The application process is as follows:

1. Menorah Mission School will receive your completed application (see more below).
2. You will have a video interview (or if not possible a phone interview), at an agreed time, with the school's director and/or a staff member appointed by him.
3. After staff review, you will be notified with either acceptance or denial by email.
4. If accepted, a deposit payment of about 20% of your tuition cost (€ 1,000.00) will be due no later than August 24th 2025.
5. The final payment of your total tuition cost will be due no later than September 24th 2025.
6. On October 1st 2025, you will arrive at Menorah Mission School ready for a great experience with God! :-)

Only if the full capacity of the school is not reached by August 24th 2025, applications will remain open until full capacity is reached or until September 24th 2025.

Completed Application

A completed application includes ALL of the following:

1. Completed online Menorah Mission School application form (<https://www.menorahmissionschool.org/apply.html>), which includes:
 - a. A recent photograph of yourself.
 - b. A scan of the information page of your passport, which will be needed to buy the tickets for the mission trip. The passport should be valid until at least October 2026 (due to visa requirements). A scan of your ID card is NOT a valid substitute.
 - c. Your Curriculum Vitae relating details about your education, work experience and hobbies.
2. Health certificate (this may be in the form of a doctor's note stating your current health, not older than 6 months).

Every single application will be taken in consideration with much prayer, asking for God's guidance. We ask all applicants to do the same as they proceed with their application.

Health Certificate

A health certificate dated within 6 months of the first day of class is required to be on file for all students. This ensures that Menorah Mission School is aware of any medical or physical issues a student may have. The form that you submit may be a letter or note from a doctor that states your current medical/health status after performing a physical examination.

Since Menorah Mission School deeply cares for the safety and best interest of the students and of the program, it is very important that potential students disclose to the staff any medical issues that require professional attention or that may have an impact on the activities performed during the course. We gladly welcome applications from potential students who may suffer from medical issues; however, since the staff and the school location are not equipped to handle certain medical issues, a student requiring professional help may not be eligible to attend the program or may be asked to leave the program according to the staff's discretion.

Non-EU Applicants (does not apply to Schengen area or European Union citizens)

Menorah Mission School is not an accredited school and therefore cannot provide invitation letters in order to obtain student visas. Unless you already have legal permission to stay in the Schengen area for the period of the whole training program (from October 1st 2025 until June 7th 2026), your application cannot be taken in consideration.

What to bring

In case your application is accepted, you will receive a list of what to bring. Students are asked to provide for themselves all the required material.

Arrival and Course Dates

All students are required to arrive at Menorah Mission School by October 1st 2025. All students must agree their arrival time with the school at least by September 26th 2025, specifying if they need a pickup from Albenga or Imperia train station. A pickup from the airport may be arranged in case of special needs (see the *Transportation Fees* section for the costs). Classes will end on December 19th for Christmas break (departure will be from December 21st) and will start again on January 5th 2026. All students are required to be at Menorah by January 4th 2026. It will not be possible for students to remain at the school during the Christmas break. Graduation ceremony will be on Sabbath afternoon, June 6th 2026. The course will close on June 7th 2026.

Accommodation

Students are accommodated in the school building, two or three per room of the same sex. Students are provided beddings and furniture to store clothes. Each floor has one bathroom with shower. There are two washing machines and several drying racks available for students. Students are responsible for keeping their bedrooms clean and neat. The staff reserves the right to randomly check rooms for tidiness and general upkeep. Every damage to the facilities caused by a student will be charged separately.

Married Couples' Accommodation

Rooms for married couples may be arranged. Married couples in which both apply to the course are preferred. The school building may not be able to accommodate students with accompanying family members who are not attending the program. The board of the school will prayerfully evaluate each case.

Transportation fees

All transportation that is part of the program is included in the tuition cost (outreach, planned trips, and similar) and will not be charged extra. Free transportation to the closest train stations (Albenga or Imperia) will be provided for:

- Arrival at the beginning of the course,
- Departure for Christmas break and return, and
- Departure at the end of the course.

Every trip for personal reasons, to or from a train station/airport, will be charged. The costs are 20 euros to be picked up/brought to the train stations in Albenga or Imperia and 100 euros to be picked up/ brought to Nice (France) or Genova airport.

Accreditation

Menorah Mission School is not an accredited school and therefore cannot provide college or university credits at the completion of the course.

Curriculum

Menorah Mission School program is admittedly intensive. During the nine months we strive to include as much instruction, practical training, and ministry opportunities as possible without overloading the student. We aim to provide a curriculum that allows students to gain experience and knowledge in both biblical and health topics.

The curriculum is divided into the following areas and may be subject to change:

Class
Bible topics
How to Study the Bible
Bible Doctrines
Homiletics
Last Day Events
Plan of Redemption
Media Evangelism
Personal Evangelism
Public Evangelism
Righteousness by Faith
Sanctuary
Daniel
Revelation
Spirit of Prophecy
Health topics
God's Healing Plan
Laws of Health
Physiology and Lifestyle Diseases
Health Evangelism
Charcoal & Poultices
Hydrotherapy
Natural Remedies
Basic Nursing
Massage
Nutrition
Mental Health
Christian Education topics
Relationships

Class
Principles of Teaching
Church Organization
Christian Leadership
Financial Management
Adventist History

The curriculum includes about 50 extra hours of practice related to some of the classes taught. All classes are taught in English.

Practical Training and Outreach

We believe that education should be theoretical and practical at the same time: usually in the mornings we have theoretical as well as practical classes, while in the afternoons we focus more on practical training. This may include gardening, plant-based cooking, baking, sewing, housekeeping, and more. To participate in these activities in a comfortable way, students must bring appropriate work clothes, including working gloves and shoes for gardening.

Outreach activities are also a regular part of each student's practical training experience. Various evangelistic approaches, which run weekly, monthly, or sporadically, are used to reach out to the local community. These approaches may include:

- Small group meetings,
- Bible courses,
- Plant-based dinners for the community,
- Cooking courses,
- Health talks,
- Language courses,
- Street booth with book table and health check-up,
- Concerts, and more...

Mission Trip

The mission trip will give an opportunity to the students to share and apply the knowledge gained during the course, have an out-of-the-comfort-zone experience, a wonderful opportunity to grow in character, and see their lives and the lives of others changed. The mission trip will occur in the beginning of 2026 in a country that will be announced to the students at the beginning of the course. For logistic purposes, all students must have their passport with them at their arrival at the school on October 2025. Visa costs are charged separately from the tuition cost.

Daily Schedule (times may be subject to change)

Monday-Friday

Before 07:30 am	Personal Devotion
07:30-08:00 am	Breakfast
08:20-08:50 am	Morning Devotional Meeting
09:00 am-1:00 pm	Classes and Personal Study Time
01:00-01:45 pm	Lunch
02:30-05:30 pm	Practical Training *
06:30-07:00 pm	Light Supper
07:00-09:30 pm	Free Time / Outreach **

10:00 pm

Lights Off

Sabbath: Sabbath School and worship service, either at the school or in church. No classes.

Sunday: Free or outreach with shifts.

* Occasionally shopping / recreational activities. Sabbath preparation on Fridays.

** On Fridays, Sabbath opening at sunset and vespers at 7:30-9:00 pm. Outreach hours will depend on the projects each student will be involved in and may be held in the afternoons as well.

Personal Devotions

One of the keys to experience the full potential of the program is faithfulness in the area of personal devotions. This personal time spent between the soul and God enables and empowers the student for dynamic Christianity and effective ministry. Far from being a burdensome requirement, it is a blessed privilege!

“When the mind of man is brought into communion with the mind of God, the finite with the Infinite, the effect on body and mind and soul is beyond estimate. In such communion is found the highest education. It is God’s own method of development. ‘Acquaint now thyself with Him’ (Job 22:21), is His message to mankind” (“Acts of the Apostles”, page 126).

Morning Devotionals and Friday Vespers Meetings

These are special times when teachers, staff, and students come together to encourage and be encouraged. This is a blessed part of the school life. Everyone is involved in the meetings by preaching short devotions, sharing testimonies or prayer requests, leading the meeting and song service, playing an instrument or singing a special song.

Personal Study Time

We realize the importance of personal time spent reviewing and thinking through the material presented in class. We reserve class-time every day (there may be exceptions to the rule) at the end of the morning, in which students will have this study time, under the supervision of the school staff.

Daily Duties

The students, divided in groups and put into shifts, participate in various daily duties such as cleaning up after meals, taking care of the fireplaces for the heating of the house, and taking compost outside. These duties foster a sense of unity, responsibility, and order; provide help for the best functioning of the school; and, when faithfully performed, they train students for time and eternity.

“Home duties should be performed with the consciousness that if they are done in the right spirit, they give an experience that will enable us to work for Christ in the most permanent and thorough manner. Oh, what might not a living Christian do in missionary lines by performing faithfully the daily duties, cheerfully lifting the cross, not neglecting any work, however disagreeable to the natural feelings!” (“Adventist Home”, page 35).

Meals

“Both physical and mental strength depend to a great degree upon the food we eat” (“Counsels on Diet and Food”, page 475).

The school kitchen provides three plant-based meals each day. Seeking to use at the most the products of our garden, the kitchen aims to prepare meals that are tasty, nutritious, and healthful, for the enjoyment of the mouth and the benefit of the body.

In case of special food restrictions, allergies, or intolerances, students must inform the school. An agreement will be found between the students and the school, whenever possible.

Meal-serving times are:

7:30-8:00 am: Breakfast
1:00-1:45 pm: Lunch
6:30-7:00 pm: Light Supper

Kitchen food is not available for students outside of mealtimes. Students may access the kitchen for personal use, only after agreeing with the school cook.

Night Rest

“Early to bed, early to rise, makes a man healthy, wealthy and wise” (B.Franklin). Two good hours of sleep before midnight is worth more than four hours after! Students are encouraged to live a life of temperance and self-discipline. This will greatly enhance the ability to gain as much as possible from the training provided. Students are required to respect those who desire to go to bed early by avoiding loud conversations, noises, and phone calls, except in case of an emergency. Lights must be off no later than 10:00 pm.

Sabbath Preparation and Observance

Every Friday afternoon is set aside for cleaning the facilities and for personal preparation for the Sabbath day. The Sabbath hours are to be sacredly guarded (and, of course, thoroughly enjoyed!) by all students. Secular activities must be avoided during the Sabbath. Attendance at all worship services is required unless other arrangements have been made with the director.

Punctuality and Attendance

Because of the intensity of the program and to gain the most from it, students are not allowed to be involved in any job or activity running in parallel with Menorah Mission School’s training course. Students are required to attend and be on time at all devotionals, classes, practical training, and outreach projects unless other arrangements have been made with the director. If one is unable to attend the scheduled programs, the director should be notified as soon as possible, possibly ahead of time, for the request to be evaluated and approved.

Student Guidelines

All students are expected to be in harmony with biblical principles, striving to live up to the standards and practices of the Seventh-day Adventist Church as presented in the Bible and in the writings of Ellen G. White.

Class Time

In-class instruction makes up an important part of the program. For this reason, we endeavor to provide an environment that facilitates learning and spirituality. All students are expected to always show respect to both instructors and fellow classmates, avoiding distractions and trying to make the best out of class time.

Dress

Since proper dress helps create a spiritual atmosphere, we encourage students to dress in a way that is clean, modest, appropriate, and in keeping with biblical principles to avoid calling inappropriate attention from the opposite sex. Students are also required not to wear jewelry and visible makeup.

For Sabbath, we require to bring elegant clothes. While for practical activities or free time clothes may include sportswear, for class we encourage a more formal attire.

Relationships

All students are expected to maintain a high standard of moral purity, avoiding the appearance of evil and distractions from the course activities and purpose.

Menorah Mission School program is intensive, and in order to stay focused on the education provided, the beginning of new sentimental relationships among students and between students and staff are not supported. For this reason, the formation of “special friendships” where a man and a woman frequently pair up together, or which produce an attachment to the exclusion of others, are strongly discouraged. Therefore, we

recommend students to postpone their courtship until the end of the course. Patience always brings better fruits than haste.

We are counseled, “*While at school, students should not allow their minds to become confused by thoughts of courtship. They are there to gain a fitness to work for God, and this thought is ever to be uppermost*” (“Counsels to Parents, Teachers, and Students”, page 100).

To avoid the appearance of evil, communication between two individuals of the opposite sex should always be maintained in public areas, while during the hours of darkness, in public areas only inside of the school building. Bedrooms are separated according to sex and in-room visits by the opposite sex are not permitted. If a student is already involved in a formal relationship prior to admission, either with another student or with someone not attending the course, the school asks to be informed of this ahead of time through the application form. Specific arrangements will be taken in this case to allow freedom for the couple without conflicting with the principles of the school.

Media

We aim at maintaining a positive Christian atmosphere within the school environment. Scripture counsels us, “*Keep your heart with all diligence, for out of it spring the issues of life*” (Proverbs 4:23).

For this purpose, we encourage:

- to prayerfully consider what to read, watch, and listen to. Books, music, and videos that are uplifting and in harmony with biblical standards cooperate with the work of the Holy Spirit in the heart. The media played should not disturb others and should be kept at a volume that is not public. Media can be played in a room with the consent of those who are present;
- to use, if needed, mobile phones, tablets, and laptop computers during classes, practical training, church services, or any other officially scheduled event only for purposes directly connected with the ongoing activity (not for personal calls or messaging).

The school provides wi-fi internet connection from 6:00 am to 10:00 pm.

Pets

The presence of a student’s personal pet during the course has significant logistic implications. For this reason, students are not allowed to bring any pet along with them during the course.

Prohibited Items

Under no circumstances will any illicit drugs, tobacco, alcoholic beverages, pornography, occult items, or weapons be allowed during the course. Indulgence in any of these things may lead to immediate expulsion.

Leave from School

In order for the school staff to be able to provide help in case of any emergency, students need to communicate to the director or staff about any off-campus activity with return on the same day.

If a student needs to leave for one or more nights, it is necessary to present a written request to the director, indicating dates of departure and return, purpose, and destination. Except in case of emergency, the request should be presented at least 48 hours prior to the desired departure date. This is necessary for logistic reasons and to allow evaluation of compatibility with the course programs.

Tuition Cost

The tuition cost is € 4,900.00: this donation will cover meals and accommodation, classes, mission trip (except for the cost of the visa), outreach activities, and other expenses in connection with the course.

A deposit payment of about 20% of the tuition cost (€ 1,000.00) is due by no later than August 24th 2025 (submitted as indicated in the donation page, specifying as Reason for Payment “20% deposit – [Name] [Surname]”).

The final payment of the total tuition cost is due by no later than September 24th 2025 (submitted as indicated in the donation page, specifying as Reason for Payment “tuition cost – [Name] [Surname]”).

